



Take a look at our weekly menus!

We believe that healthy bodies develop healthy minds and that nutrition is a pillar of good growth and development.



Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Italian Turkey Meatballs Garlic Bread Carrots Mandarin Oranges	Chicken Parmesan over Rigatoni with Marinara Sauce Tossed Salad with Dressing Seasonal Fresh Fruit	Macaroni and Cheese Broccoli Banana	Toasted Cheese on Whole Wheat Bread Tomato Soup Apple Wedges	Ranch Chicken Wraps with Cheese, Lettuce, and Tomatoes Sliced Cucumbers Orange Wedges
Week 2	Whole Wheat Cheese Pizza Green Beans Pineapple	Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Carrots Orange Wedges	Cheese Ravioli with Marinara Sauce Broccoli Seasonal Fresh Fruit	Breakfast for Lunch! Turkey Sausage and Cheese on a Bagel Carrots Banana	Turkey Burger Sliders on Whole Wheat Bun Coleslaw Apple Wedges
Week 3	Toasted Cheese on Whole Wheat Bread Tomato Soup Mandarin Oranges	Taco Tuesday! Soft Tacos with Chicken, Lettuce, Tomato, Cheese and Salsa Apple Wedges	Italian Turkey Meatballs and Marinara Sauce Tossed Salad Garlic Bread Banana	Veggie Nuggets Broccoli Seasonal Fresh Fruit	Chicken Noodle Soup Soft Bread Sticks Tossed Salad with Dressing Banana
Week 4	Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Green Beans Applesauce	Whole Wheat Cheese Pizza Tossed Salad with Dressing Seasonal Fresh Fruit	Breakfast for Lunch! Turkey Sausage and Cheese on a Bagel Carrots Apple Wedges	Macaroni Elbows with Plant-based Crumbles and Marinara Sauce Broccoli Bananas	Pita Pocket Wedges with Hummus Cucumber Slices Raisins Orange Wedges

Milk is served with each lunch.



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Vegetarian Lunch Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Veggie Nuggets Garlic Bread Carrots Mandarin Oranges	Rigatoni with Marinara Sauce Tossed Salad with Dressing Seasonal Fresh Fruit	Macaroni and Cheese Broccoli Banana	Toasted Cheese on Whole Wheat Bread Tomato Soup Apple Wedges	Veggie Wrap with Black Beans, Cheese, Lettuce, and Tomatoes Sliced Cucumbers Orange Wedges
Week 2	Whole Wheat Cheese Pizza Green Beans Pineapple	Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Carrots Orange Wedges	Cheese Ravioli with Marinara Sauce Broccoli Seasonal Fresh Fruit	Breakfast for Lunch! Toasted Bagel with Cheese Carrots Banana	Veggie Nuggets Whole Wheat Bun Coleslaw Apple Wedges
Week 3	Toasted Cheese on Whole Wheat Bread Tomato Soup Mandarin Oranges	Taco Tuesday! Soft Tacos with Black Beans, Lettuce, Tomato, Cheese and Salsa Apple Wedges	Macaroni Elbows and Marinara Sauce Tossed Salad with Dressing Garlic Bread Banana	Veggie Nuggets Broccoli Seasonal Fresh Fruit	Vegetable Soup Soft Bread Sticks Tossed Salad with Dressing Banana
Week 4	Sunflower Butter and Fruit Spread Sandwich on Whole Wheat Bread Green Beans Applesauce	Whole Wheat Cheese Pizza Tossed Salad with Dressing Seasonal Fresh Fruit	Breakfast for Lunch! Toasted Bagel with Cheese Carrots Apple Wedges	Macaroni Elbows Plant-Based Crumbles and Marinara Sauce Broccoli Bananas	Pita Pocket Wedges with Hummus Cucumber Slices Raisins Orange Wedges

Milk is served with each lunch.



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Snack Menu

	Monday	Tuesday	Wednesday	Thursday	Friday
Morning Snack	Cereal with Milk	French Toast and Fruit	Yogurt and Fruit	Pancakes and Fruit	Whole Wheat Bagel with Cream Cheese
Afternoon Snack	Whole Wheat Goldfish and Fruit	Applesauce and String Cheese	Sunflower Butter with Graham Crackers and Fruit	Fresh Vegetables with Hummus	Fruit Slices and Cheese

Water is served with each snack.