# Preschool Goals



The items on the following list are just some of the skills that the preschool teachers will be working on with your child.

### **Personal and Social Skills**

- Participating in both familiar and unfamiliar activities
- Sustaining attention to a variety of self-selected tasks
- Participating in most whole-group activities
- Making transitions and following most rules and routines
- Identifying and expressing feelings using words
- > Offering to help a peer in need
- Playing cooperatively with others
- Developing solutions to resolve conflicts
- Celebrating differences among children and their families

### **Physical Skills**

- Coordinating several movements at once, such as running and jumping
- Using hand-eye coordination to manipulate small objects with precision
- Managing most aspects of eating, dressing and toileting

## **Cognitive Skills**

- > Experimenting, observing and describing how effects vary
- > Trying several strategies to solve a problem
- Sorting on the basis of one attribute
- Creating and describing simple patterns
- > Sequencing and making verbal comparisons on visible attributes
- Counting 10-20 objects and putting them into groups of 5 or 10
- > Using more complex positioning words and representing positions in work
- Using at least 2-3 sentences to relate a story or experience
- Understanding and participating in an extended conversation
- Understanding that the printed words in a book convey a story
- Generating rhymes and/or similar beginning sounds in play
- Identifying some familiar words out of context
- > Writing messages using letter-like shapes and some conventional letters

#### **Creative Skills**

- Creating constructions that represent own ideas
- Creating art that represents own ideas
- Engaging in cooperative role-play with peers
- Singing simple songs and responding to changes in music