

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Whole Wheat Pancakes Apple Slices	French Toast Sticks Diced Pineapple	Yogurt Diced Apricots	Whole Grain Waffles Oranges	Rice Cakes Applesauce
	Water	Water	Water	Water	Water
Lunch	Mac & Cheese Broccoli Diced Mango	Chicken Patty Slider Veggie Patty Peas Oranges	Rigatoni Marinara Sauce w/ Veggie Crumble Green Bean Apple Slices	Black Bean & Cheese Taco Rice Pilaf Cucumber Slices Diced Pineapples	Whole Grain Cheese Pizza Peas & Carrots Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
PM Snack	Homemade Banana Muffin	Graham Crackers Apple Slices	Pita Wedges Hummus Cucumber	Sliced Cheese Turkey Slices	Sweet Potato Cracker Feta Spread Carrot (lightly steamed)
	Milk	Water	Water	Water	Water

- V=Vegetarian option listed in green
- Infants will be offered the same as older children when developmentally appropriate

Whole Grain Cereal Cheerios and Milk will be served daily between 6:30am- 7:00am

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Whole Wheat Bagels Cream Cheese	Whole Wheat Waffles Diced Mangos	Pancakes Diced Apricots	Homemade Corn Muffins	Vanilla Yogurt Peaches
	Water	Water	Water	Milk	Water
Lunch	Turkey and Cheese Roll-up Carrots Pears	Refried Bean & Cheese Burrito Sweet Potato Fries Diced Pineapple	Chicken Nuggets Veggie Nuggets Green Beans Peaches	Hamburger Burger Whole Wheat Bun Veggie Burger Cucumber Apples	Grilled Cheese Sandwich Tomato Soup Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
PM Snack	Yogurt Peaches	Sliced Cheese Cucumber Ranch Dip	String Cheese Apple Slices	Sweet Potato Cracker Feta Spread Carrot (lightly steamed)	Homemade Zucchini Muffin
	Water	Milk	Water	Water	Water

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Whole Grain Cereal Cheerios and Milk will be served daily between 6:30am- 7:00am

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Pancakes Apple Slices	French Toast Diced Pineapple	Yogurt Diced Mango	Whole Grain Waffles Oranges	Rice Cakes Applesauce
	Water	Water	Water	Water	Water
Lunch	Rigatoni Marinara Sauce w/ Veggie Crumble Peas Banana	Black Bean & Cheese Taco Cucumber Slices Diced Apricot	Mac & Cheese Broccoli Peaches	Teriyaki Chicken Veggie Crumble Brown Rice Peas & Carrot Mix Diced Pineapple	Sloppy Joe w/Veggie Crumble Whole Wheat Bun Green Bean Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
PM Snack	Sweet Potato Cracker Feta Spread Carrot (lightly steamed)	Pita Wedges Hummus Cucumber	Graham Crackers Apple Slices	Homemade Banana Muffin	Sliced Cheese Turkey Slices
	Water	Water	Water	Milk	Water

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Whole Grain Cereal Cheerios and Milk will be served daily between 6:30am- 7:00am

	Monday	Tuesday	Wednesday	Thursday	Friday
AM Snack	Whole Wheat Waffles Diced Mangos	Whole Wheat Bagels Cream Cheese	Pancakes Applesauce	Homemade Banana Muffins	Vanilla Yogurt Diced Pineapple
	Water	Water	Water	Milk	Water
Lunch	Chicken Nuggets Veggie Nuggets Green Beans Diced Apricots	Chicken Salsa Quesadillas Refried Bean Peas Diced Mango	Turkey & Cheese Roll-up Carrots Pears	Chicken & Rice Veggie Crumble Cucumbers Oranges	Rigatoni Marinara Sauce w/ Veggie Crumble Broccoli Mixed Fruit
	Milk	Milk	Milk	Milk	Milk
PM Snack	Sliced Cheese Cucumber Ranch Dip	Homemade Corn Muffin	Graham Crackers Apple Slices	Avocado Toast	Sweet Potato Cracker Feta Spread Carrots (lightly steamed)
	Water	Milk	Water	Water	Water

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Whole Grain Cereal Cheerios and Milk will be served daily between 6:30am- 7:00am